



# TEAMSTERS

LOCAL UNION 879 – ONTARIO TEAMSTERS BENEFIT FUND



## vCare On-Demand Healthcare

**Have a health question or concern? Our virtual care platform is designed to address your healthcare needs via secure text and video chat – anytime, wherever you are.**

**Your new on-demand virtual healthcare solution.**

This online platform provides you and your family with 24/7, personalized medical support wherever you are in Canada. Connect instantly with a healthcare provider for your primary health questions and concerns.

- Unlimited virtual consultations via secure text and video chat, 24/7
- Convenient primary and mental health-care support
- Fill and refill prescriptions, specialist referrals, and lab requisitions
- Coverage for you and your eligible dependents
- Virtual follow-ups with no appointments required
- Health records on the platform, with updates sent to your family doctor with your consent

**Avoid visits to walk-in clinics or emergency rooms for non-emergency issues such as:**

- Infections, rashes and skin irritations
- Anxiety and depression
- Stomach and digestive issues
- Cough, cold and flu
- Weight loss counselling and smoking cessation
- And much more

**Please note:** Specific cases will require an in-person medical appointment at the discretion of our healthcare providers. **This service is not for emergencies** – for emergencies, please call 911 or go to the nearest emergency room. Our clinicians cannot complete Workers' Compensation forms or sick notes for more than three days.

**Contact your union representative to find out more.**

Teamsters Local Union 879 – Ontario Teamsters Benefit Fund

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